

# D.A.T.E.

## DUNDRUM ADULT TRAINING AND EDUCATION DAY-TIME COURSES FOR ADULTS

**SPRING 2025**

Online enrolling commences at 10a.m.  
on Monday 20th January 2025  
at [www.acenetwork.ie](http://www.acenetwork.ie)

Classes take place in D.A.T.E. Centre  
5th Floor, Dundrum Town Centre

All Classes commence week beginning  
Tuesday 4th February 2025

**Tel.** (01) 2964322 between 9.30am - 12.30pm  
or **email:** [adte@ddletbaes.ie](mailto:adte@ddletbaes.ie)  
[www.acenetwork.ie](http://www.acenetwork.ie)



Bord Oideachais agus Oiliúnaí Dublin and Dún Laoghaire  
Átha Cliath agus Dhún Laoghaire Education and Training Board



# ONLINE ENROLLING

---

Commences Monday 20th January 2025 at 10a.m.

Enrol Online:

- Go to [www.acenetwork.ie](http://www.acenetwork.ie)
- Click on D.A.T.E., click on enrolling link, choose "All Courses" or "By Day"
- Select your preferred class
- All classes 12 weeks, each class 1.5hrs
- Fee €100.00
- You can also scan the QR code opposite to go directly to our website



Fee will be refunded if the class does not form due to not meeting the required minimum number of students.

# MONDAY

---

|           | <b>CLASS</b>  | <b>TIME</b> | <b>TUTOR</b>        |
|-----------|---|-------------|---------------------|
| <b>M1</b> | <b>TAI CHI</b><br>The Tai Chi way to relaxation and health. Ancient exercises to develop calmness and strength  | 9.30        | Charles Thackaberry |
| <b>M2</b> | <b>TAI CHI</b><br>The Tai Chi way to relaxation and health. Ancient exercises to develop calmness and strength  | 11.15       | Charles Thackaberry |
| <b>M3</b> | <b>Art Group 1</b><br>Enjoy exploring various subjects and painting techniques. All mediums   | 9.30        | Beatrice Stewart    |
| <b>M4</b> | <b>Art Group 2</b><br>Painting & Drawing is an activity that can be both learned and enjoyed. Classes suitable for all mediums and levels of ability. Beginners very welcome.                 | 11.15       | Beatrice Stewart    |
| <b>M5</b> | <b>French for Beginners (Contd.)</b><br>This is a continuation of last terms class for people who have some French and wish to improve their skills. We welcome newcomers of a similar level. | 11.15       | Geraldine Coleman   |

# TUESDAY

---

|    | <b>CLASS</b>  | <b>TIME</b> | <b>TUTOR</b>      |
|----|---|-------------|-------------------|
| T1 | <b>Italian Beginners (Contd.)</b><br>Suitable for those who have completed Term One or equivalent   | 9.30        | Chiara Buldorini  |
| T2 | <b>Italian 2 (Contd.)</b><br>For those who have completed around one year of study  | 11.15       | Chiara Buldorini  |
| T3 | <b>Watercolours/Drawing</b><br>Drawing and watercolour techniques, covering a broad range of subjects   | 9.30        | Noel Long         |
| T4 | <b>Art - Oils</b><br>For all levels. Beginners welcome  | 11.15       | Noel Long         |
| T5 | <b>French 2 (Contd.)</b><br>Suitable for those who have done some French and wish to improve. They will learn more functional French, how to discuss interests and hobbies and gain more confidence by practicing with other learners | 9.30        | Geraldine Coleman |
| T6 | <b>French 3 (Contd.)</b><br>For those who have a good knowledge of French and wish to develop their language skills. Students will interact with others to discuss topics of interest. Classes are learner-centred and task based.    | 11.15       | Geraldine Coleman |
| T7 | <b>Creative Writing</b><br>Poems, short stories, memoirs or the novel. How to get ideas, perfect form and write description   | 11.15       | TBA               |

# WEDNESDAY

---

|           | <b>CLASS</b>  | <b>TIME</b> | <b>TUTOR</b>            |
|-----------|---|-------------|-------------------------|
| <b>W1</b> | <b>Spanish 3 (Contd.)</b><br>Suitable for those who have completed last term or who are ready to express themselves in Spanish on a broader range of topics.  | 9.30        | Maria Fernandez de Luis |
| <b>W2</b> | <b>Spanish 4 (Contd.)</b><br>For those who already have a good level of spoken Spanish and wish to maintain and keep it fresh by conversing and discussing a wide range of topics in Spanish.   | 11.15       | Maria Fernandez de Luis |
| <b>W3</b> | <b>Enjoying History</b><br>How did England move from dynastic feuding under the Plantagenets to a strong monarchy under the Tudors, which set a small island nation on the road to World power? How did sheep fit in? and Climate Change? Germans of Hanover, Saxe-Coburg and Hohenzollern? | 9.30        | Michael Carragher       |
| <b>W4</b> | <b>Politics &amp; Current Issues</b><br>Principles and theories of Government and decision-making. Political values, global and local politics. A lively class.   | 11.15       | Michael Carragher       |

**D.A.T.E. Bridge Club. Wednesdays @ 10.00 AM**  
**Held in Dom Marmiom Hall, Sandyford Road.**  
**€7.00 (Including Tea/Coffee)**

# THURSDAY

---

|     | <b>CLASS</b>   | <b>TIME</b> | <b>TUTOR</b>            |
|-----|--|-------------|-------------------------|
| TH1 | <b>Spanish 2 (Contd.)</b><br>For those who have completed last term, or who already have the basics of conversational Spanish and wish to say and do more with the language. | 9.30        | Maria Fernandez de Luis |
| TH2 | <b>Spanish 1 (Contd.)</b><br>This is most suited to those who have completed Term 1 or who have a little basic Spanish and would like to improve.                            | 11.15       | Maria Fernandez de Luis |
| TH3 | <b>History &amp; Appreciation of Art</b><br>This course is an introduction to Art History and will explore a broad range of topics.  | 9.30        | TBA                     |
| TH4 | <b>History &amp; Appreciation of Art</b><br>As above   | 11.15       | TBA                     |
| TH5 | <b>Enjoying English</b><br>Classics, contemporary novels and poetry explored and discussed   | 9.30        | Michael Carragher       |
| TH6 | <b>Creative Art</b><br>Unleash your creativity with our Creative Art Class. This is our second term and newcomers are very welcome to join our happy group.                  | 9.30        | Sandra O'Connor         |
| TH7 | <b>Crochet</b><br>Join our cosy crochet class, where you will master stitches and patterns. Unwind, create and connect with fellow yarn enthusiasts                          | 11.15       | Sandra O'Connor         |

# FRIDAY

---

|    | <b>CLASS</b>   | <b>TIME</b> | <b>TUTOR</b>     |
|----|--|-------------|------------------|
| F1 | <b>Italian 4 (Contd.)</b><br>For intermediate level students who have studied Italian for at least three years. The course focuses on advanced grammar, listening and fluency skills       | 9.30        | Chiara Buldorini |
| F2 | <b>Italian 3 (Contd.)</b><br>For intermediate level students who have studied Italian for at least two years.  | 11.15       | Chiara Buldorini |
| F3 | <b>Gaeilge 2</b><br>Emphasis on conversation   | 9.30        | Mary Fitzgerald  |
| F4 | <b>Gaeilge 3</b><br>Expand your conversation and listening skills  | 11.15       | Mary Fitzgerald  |
| F5 | <b>Yoga</b><br>Yoga is suitable for everyone. This class consists of gentle yoga poses, with guided relaxation resulting in physical and mental relaxation.                                | 9.30        | TBA              |
| F6 | <b>Pilates</b><br>Pilates is a physical fitness system, designed to improve flexibility, strength and posture. ideal for beginners or those with some Pilates experience. Please bring mat | 11.15       | Una Whelan       |
| F7 | <b>Bridge Beginners</b><br>For those who have completed term 1 with us (or equivalent)   | 9.30        | Jason Doyle      |
| F8 | <b>Bridge Improvers</b><br>For those who already play Bridge but would like to improve their game  | 11.15       | Jason Doyle      |

**D.A.T.E. is a local voluntary committee working with D.D.L.E.T.B. since 1984 to provide a wide and varied range of daytime classes in a relaxed and welcoming atmosphere for adults from Dundrum and surrounding areas.**

**Tea and coffee available in our bright friendly tea-room every morning 10.15am - 12 noon.**

**Tel. 01 2964322 or email [adte@ddletbaes.ie](mailto:adte@ddletbaes.ie)  
Visit us at [www.acenetwork.ie](http://www.acenetwork.ie)**

**D.A.T.E.  
5th Floor Dundrum Town Centre (above Tesco)**

**Local Transport Links  
Take the Luas to the Balally Stop (short walk)  
Buses No. 14, 44, 74 and L25 stop at Dundrum Town Centre  
S6 about a 15 minute walk away**

**For information on other Adult Education Services in the Dundrum area contact:  
Adult Education Service Dundrum,  
Sydenham Road  
Dundrum  
Dublin D14 YY56**

**Phone (01) 2989283 or email: [learningdundrum@ddletbaes.ie](mailto:learningdundrum@ddletbaes.ie)  
[www.adulteducationsoutheast.com](http://www.adulteducationsoutheast.com)**



Bord Oideachais agus Oiliúna Dublin and Dún Laoghaire  
Atha Cliath agus Dún Laoghaire Education and Training Board

